

THE YOUTH LEADERSHIP PROGRAM

The Sponsors

A local Toastmasters club serves as sponsor for the program and supplies the experienced people needed to present the program. These adults are patient and understanding since they, too, have had experiences similar to those of the participants.

The adult with overall responsibility for the program is the coordinator. He or she works closely with any cooperating organization and attends each meeting, conducting most of the training and counseling participants. The coordinator has an assistant, who conducts discussions and substitutes for the coordinator should he or she be unable to attend a meeting.

How it Works

Participants for the program are selected by the sponsoring Toastmasters club or by a cooperating organization. The program is presented in eight sessions during or after school, or on weekends. Each session usually lasts one to two hours. There is no cost to participants for tuition or materials. The materials used in the program are produced by Toastmasters International and are provided by the sponsoring Toastmasters club.

Each session is conducted as a meeting, not a class. Participants, working from a workbook, select officers who preside over the meetings. The remaining class members are assigned other duties on a rotating basis, so everyone is actively involved.

Generally, meetings follow a format similar to that of a Toastmasters club meeting. There is an announced order of business. Parliamentary procedure is used to allow orderly progress, adherence to the agenda, and to foster knowledge of the use of the procedure. Lecturing is minimal, but discussion is held during each session. Participants also deliver short impromptu and prepared speeches. In every meeting, participants learn to apply the principles of listening, thinking and speaking.

How to Start a Program

The Youth Leadership program may be conducted for scout troops, 4-H clubs, church youth groups, and many other organizations — wherever young people can be found in the community. However, all programs must be presented by a Toastmasters club, following the guidelines in the Coordinator's Guide (Item 802). Coordinator's Guides and Participant's Workbooks (Item 805) may be ordered from World Headquarters.

If you would like more information about Youth Leadership, or if you need to order materials, please contact:

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**WHERE LEADERS
ARE MADE**





YOUTH LEADERSHIP

Youth Leadership is sponsored and conducted by Toastmasters International and its local clubs. Toastmasters International, a nonprofit educational organization, is well qualified to provide this help. Since 1924, more than four million people have benefited from its self-improvement program in public speaking and leadership.

THINK FOR A MOMENT ABOUT THE SUCCESSFUL LEADERS YOU KNOW.

Chances are they all have one quality in common — the ability to communicate effectively.

It's important for people to develop this ability early in life so that they may meet the challenges of adulthood and leadership successfully. That's why Toastmasters International has developed the Youth Leadership program. The Youth Leadership program helps young people develop their communication and leadership skills so that they may become tomorrow's leaders in business, industry and the community.

Purpose of the Program

Youth Leadership is based on the belief that every young person has the potential to become a good communicator and leader, but this potential must be developed. The program's unique design enables participants to develop this potential through practical experience.

The program is not in competition with school programs or courses, or other established youth projects. Instead, it's a supplement to these programs, providing emphasis on specialized skills and individual needs. Participants learn speaking and leadership skills that they will use for the rest of their lives.

They learn to:

- ▶ Overcome the nervousness everyone feels when asked to speak before an audience
- ▶ Organize and present their ideas logically and convincingly
- ▶ Listen carefully to others' ideas
- ▶ Offer advice that will help others improve their speaking and leadership skills
- ▶ Participate in — and even lead — group discussions or meetings

Participants increase their self-confidence as they learn. They also make new friends and have fun while they grow their skill set.

The Participants

Each Youth Leadership program group is limited to 15 to 20 people, with a maximum of 25 in case attrition is a concern. This allows each participant to receive individual attention and to have the opportunity to get practical experience.

The program is not an award to honor those who already have become leaders inside and outside of school. It is for the much larger group of young people who have not yet developed the ability to express themselves. Participants are selected for what they can become, not for what they already have done.

HIGHLIGHTS OF THE PROGRAM

Session One:

Introduction to Chairmanship

Evaluation of present speaking ability
Discussion of chairmanship principles

Session Two:

Introduction to Public Speaking

Presentation of speeches
Group evaluation

Session Three:

Impromptu Speaking

Impromptu talks
Presentation and evaluation of speeches
Review of group discussion principles

Session Four:

Organizing Your Speech

Impromptu talks
Presentation and evaluation of speeches
Discussion of speech organization

Session Five:

Listening

Impromptu talks
Presentation and evaluation of speeches
Discussion and practice in listening

Session Six:

Gestures in Speaking

Impromptu talks
Presentation and evaluation of speeches
Discussion of gestures in speaking
Exercise in chairmanship

Session Seven:

Voice and Vocabulary

Impromptu talks
Presentation and evaluation of speeches
Discussion of voice and vocabulary
Planning for Session Eight
Review of progress

Session Eight:

Show Your Skills

Presentation of special program