

# Conference Schedule

<b>Thursday, May 11, 2023</b>			
<b>Time</b>	<b>Event</b>	<b>Location</b>	<b>Page</b>
5:30 PM	Registration opens	2-149	
6:00 PM - 6:10 PM	Opening remarks	2-149	5
6:10 PM - 7:05 PM	Workshop: See Clearly, Think Differently, Reach Your Best Future	2-149	5
7:05 PM - 7:25 PM	Break		
7:25 PM - 8:30 PM	District Evaluation Contest	2-149	6-7
8:30 PM - 9:15 PM	District Table Topics Contest	2-149	8-9
9:15 PM - 9:35 PM	Announce winners of Evaluation and Table Topics Contests	2-149	8

<b>Saturday, May 13, 2023</b>			
<b>Time</b>	<b>Event</b>	<b>Location</b>	<b>Page</b>
7:30 AM - 8:30 AM	Registration, Networking and Light Breakfast	Commons	
8:30 AM - 9:10 AM	Opening Ceremony & Parade of Banners	2-166	11
9:10 AM - 9:20 AM	<i>Charting My Future - 1</i>	2-166	12
9:20 AM - 9:25 AM	Educational Awards	2-166	14, 36-40
9:25 AM - 9:30 AM	DTM Ceremony	2-166	14
9:30 AM - 9:35 AM	Distinguished Clubs	2-166	14
9:35 AM - 9:50 AM	“Of the Year” Awards	2-166	16
9:50 AM - 10:10 AM	Networking Break - Morning Coffee/Tea	Hallway	
10:10 AM - 10:20 AM	<i>Charting My Future - 2</i>	2-166	17
10:20 AM - 11:10 AM	Keynote Speaker: Ramona J. Smith	2-166	18-19
11:10 AM - 12:20 PM	Workshop Series - 1	1-073, 1-075, 1-077, 1-147	20-21
12:20 PM - 1:20 PM	Lunch	Commons	
1:20 PM - 1:45 PM	Communication and Leadership Award	2-166	22-23
1:45 PM - 1:55 PM	<i>Charting My Future - 3</i>	2-166	25
2:00 PM - 3:30 PM	International Speech Contest	2-166	26-27
3:30 PM - 3:50 PM	Networking Break - Afternoon Coffee/Tea	Hallway	
3:50 PM - 5:00 PM	Workshop Series - 2	1-073, 1-075, 1-077, 1-147	28-29
5:00 PM - 5:10 PM	<i>Charting My Future - 4</i>	2-166	30
5:10 PM - 5:30 PM	George Keenan Award	2-166	32-33
5:30 PM - 5:50 PM	Passing the Torch: New Trio / Division Directors	2-166	34
5:50 PM - 6:20 PM	Closing Remarks	2-166	34
6:20 PM - 8:00 PM	Dinner (Buffet)	Commons	

*Please note: All timings are estimated and subject to change.*

# Chart Your Future



“Individual Member Success” ... has been our District focus this year with the goal of providing you, us, the members of District 60, with as many opportunities as possible to further our personal and professional growth.

And this year’s conference is no exception. Our theme of “Chart Your Future” clearly encapsulates the experience the conference is providing for each of us to learn, to grow, and to take a moment to reflect on our journeys and to chart or rechart our paths into the future.

A quick glance at the schedule will reveal the richness of both the Thursday and Saturday sessions. Every segment has been designed with you in mind to educate, to inspire, and to celebrate from the Thursday evening contests and plenary workshop to the keynote speaker, Communication & Leadership winner, the Saturday contest and workshops, and the recognition throughout the conference of so many of our members’ accomplishments.

This conference would not have been possible without the extraordinary leadership of our Program Quality Director, Andrew Horberry, our Conference Chair, Carrie Webster, and our dedicated conference committee members (please see their names and photos at the back of this program book) who have spent months preparing this world-class event. Thank you all!

District 60 is an incredibly strong District thanks to all of you. Thank you for all that you do in supporting your clubs, your fellow members, and the over 830 new members (and still counting) who have joined District 60 since the start of this Toastmasters year.

Enjoy the conference, chart your future, and I look forward to connecting with you to find out more about your individual successes!

*Andrew*

Andrew Mertens, DTM  
District Director 2022 - 2023  
Toastmasters International, District 60

# Conference Chair 2023: A Team Effort



When I think of Charting Your Future, I think of the tremendous growth I've had in my life due to Toastmasters. When I joined over five years ago, I struggled to present even for a short time in a work team meeting. I have had the opportunity to hit many milestones in my public speaking and leadership journey. I have completed two Pathways and recently achieved my first DTM, while taking on various club and district leadership roles over the years.

One of those leadership opportunities that I've had the immense pleasure to take on is the D60 Conference Chair. When I first started, everything was completely new to me as this is my first year attending a Toastmasters District Conference. Over the many months that I've been working on planning this conference, I've learned a lot and am incredibly excited to attend this year's conference!

I want to thank the full conference committee whose names you'll find at the back of this program. Without them, none of this would have happened. Everyone worked incredibly hard to ensure that this hybrid conference would be a success. I also want to send a special shout out to Andrew Horberry who I worked with weekly since October 2022 and who has been an incredible leader and mentor to me throughout this journey.

Thank you for attending this year's District 60 Conference! I hope to get the opportunity to meet many of you throughout the conference and I hope you have an amazing time.

*Carrie*

Carrie Webster, DTM  
D60 Conference Chair  
Toastmasters International, District 60

# District 60 Leadership Team 2022-2023

## Executive Team

District Director	Andrew Mertens, DTM
Program Quality Director	Andrew Horberry, DL5
Club Growth Director	David Veights, DTM
Public Relations Manager	Emanuel Petrescu, PM3
Administration Manager	Kelsey Horning, TC3
Finance Manager	Michel Adedokun
Immediate Past District Director	Aneeta Pathak, DTM
Logistics Manager	David Bachan, DTM

## Division Directors

Division A	Stephen Schroeder, DTM
Division B	Brian Master, PM3
Division C	Bruce Laing, PI1
Division D	Leticia Sanchez, PI3
Division E	Michael Rogala, VC5
Division F	David Cheung, DL3

## Area Directors

A11	Chizuru Mitani, DTM
A12	Gin Aldeguer, IP5
A13	Nikita Shmyglya
A14	Martin Li, DTM
B21	John Renner, EH3
B22	Tom Broumas, EH2
B23	Nigel Noronha, LD2
B24	Monti Ghai, TC5
C31	Sean Symes, EC4
C32	Fiona Bruce, EH3
C33	Marilyn Garshowitz, VC1
C34	Kam Lo, PM4
C35	Yukta Hans, SR2
C36	Louise Bark, DTM

D41	Ruth Javier, PM3
D42	Durga Haridoss, DL5
D43	Pandora Chung, TC2
D44	Sumedha Kulkarni, VC2
E51	Krasimir Toskov, EH1
E52	Alexandr Korneev, DL5
E53	Abdulrahman Al Bochi, MS5
E54	Michael Rogala, VC5
F61	Ved Singal, MS1
F62	Andreea Bojinca, LD5
F63	Helen Du, SR5
F64	Catherine Li, LD1
F65	Parul Aggarwal, PM3

# Plenary Workshop

Thursday, May 11, 2023 / 6:00 PM - 7:05 PM

## Ted Rogers School of Management, Room 2-149

Call to Order	Andrew Mertens, DTM
Welcoming Remarks	Andrew Mertens, DTM
Introduction of Workshop Facilitator	Andrew Mertens, DTM
Workshop	George Anastasopoulos, EC4

### Workshop: See Clearly, Think Differently, Reach Your Best Future

By George Anastasopoulos, EC4

Sponsor: Dominion Lending



Most of us focus on “what to do” and “how to do it” (a.k.a. outward-facing activity) to chart our future. We’ll take attendees on a journey looking inward. To the beliefs they cling to about their world, work, and people; that affect their mindset, influence their behaviour, and guide their choices and actions.

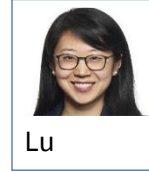
You will learn about beliefs and how they govern your thinking, behaviours, decisions, and actions, leading to outcomes. You will learn and explore the limiting beliefs that interfere with your ability to move toward a desirable future. You will select new beliefs that will serve you better in charting your course toward a bright future.

Charting your future begins with YOU, the way you view and think about your work, your world, and the people in it. If you want to see more clearly and think differently so you are more confident, make better decisions, and take more effective actions towards your future, this workshop is for you.

**George Anastasopoulos, EC4**, is Head Coach at Leadership Fundamentals, a company he founded following a 20-year corporate sales, marketing, and general management career. As the author of *I LOVE MONDAYS*, his mission is to enable every manager and employee on the planet to do less, accomplish more, and make a difference. George has taught at the University of Toronto and York University’s Schulich Executive Education Centre. He is a Professional Certified Coach with the International Coach Federation, and a Certified Sales Leader with the Canadian Professional Sales Association. His clients become influential leaders, build championship teams, produce superior results, and reach their goals.

# Evaluation Speech Contest

Thursday, May 11, 2023 / 7:25 PM - 8:30 PM



Call to Order	Andrew Mertens, DTM
Evaluation Contest Chair	Andrew Mertens, DTM
Chief Judge	David Veights, DTM

Alphabetic	Speaking Order	Contestant Name	My Results	Judges' Results
1		Dave Bachan		
2		Dianna Lloyd		
3		Heather Edwards		
4		John Andrews		
5		Lu Yu		
6		Randel Palo		

Temporary Adjournment of Evaluation Contest	Andrew Mertens, DTM
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## Previous D60 Evaluation Contest Winners

- 2019 Andrew Mertens – Blossoming Voices
- 2018 Oliver Posada – Shellbusters
- 2017 Meaghan Johns – Grosvenor
- 2016 Peter Balasubramanian -Confidence Speaks
- 2015 Matthew Kleinosky – St. Vladimir
- 2014 Andrew Wood – New Horizons
- 2013 Sara Newman – Rainbow
- 2012 Stephen Grant – Toronto Business
- 2011 Stephen Grant – Toronto Business
- 2010 Brian Madden – King Street Speakers
- 2009 Gordon Wilson – Podium

...earlier winners may be seen at the District 60 website

# EVALUATION CONTEST

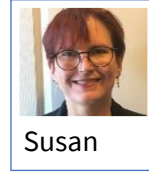
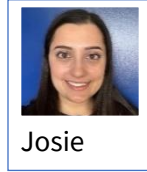
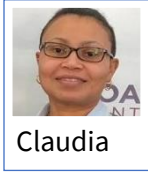
## JUDGE'S GUIDE AND BALLOT



JUDGING ITEMS	SUGGESTED POINT VALUES																		
	E X C E L L E N T	V E R Y  G O O D	G O O D	F A I R	/ / / / / / / / / / / /														
					1	2	3	4	5	6	7	8	9	10					
<b>Analytical Quality</b> Clear, Focused	40	28-39	17-27	0-16															
<b>Recommendations</b> Positive, Specific, Helpful	30	22-29	13-21	0-12															
<b>Technique</b> Sympathetic, Sensitive, Motivational	15	11-14	6-10	0-5															
<b>Summation</b> Concise, Encouraging	15	11-14	6-10	0-5															
<b>TOTAL SCORE</b> (100 Points Possible)																			

# Table Topics Speech Contest

Thursday, May 11, 2023 / 8:30 PM - 9:15 PM



Call to Order for Table Topics Contest	Andrew Mertens, DTM
Table Topics Contest Chair	Phil Tasci, DTM
Chief Judge	Johanne Von Zuben, DTM

Alphabetic	Speaking Order	Contestant Name	My Results	Judges' Results
1		Claudia Fuller		
2		Dianna Lloyd		
3		Gabriel Jeeves		
4		Josie Franchi		
5		Randel Palo		
6		Susan Carroll-Clark		

## Awards Presentation

Thursday, May 11, 2023 / 9:15 PM - 9:35 PM

Announces top 3 Table Topics Contest winners, awards trophies, introduces Evaluation Contest Chair	Phil Tasci, DTM
Reopens Evaluation Contest, announces top 3 Evaluation Contest winners, awards trophies	Andrew Mertens, DTM
Final remarks	Andrew Mertens, DTM

### Previous D60 Table Topics Contest Winners

- 2017 David Matoc – Toronto #1
- 2016 Danish Ahmed – Grosvenor
- 2015 Teresa Lines – Change Makers
- 2014 Phil Tasci – Keynote Speakers
- 2013 Louis Rogers – Speaking From Experience Advanced
- 2012 Pat de Valance – Top of Toronto

...earlier winners may be seen at the District 60 website



# TABLE TOPICS™ CONTEST

## JUDGE'S GUIDE AND BALLOT



JUDGING ITEMS		SUGGESTED POINT VALUES													
		E X C E L L E N T	V E R Y  G O O D	G O O D	F A I R										
						1	2	3	4	5	6	7	8	9	10
<b>Speech Development</b> Opening, Body, Close, Organization, Smoothness	C O N T E N T  5 5	30	23-29	17-22	0-16										
<b>Effectiveness</b> Logic, Directness, Enthusiasm Achievement of Purpose, Audience Response		25	18-24	11-17	0-10										
<b>Physical</b> Appearance, Body Language, Speaking Area	D E L I V E R Y  3 0	15	11-14	6-10	0-5										
<b>Voice</b> Flexibility, Volume		15	11-14	6-10	0-5										
<b>Appropriateness</b> To Speech Purpose And Audience	L A N G U A G E  1 5	10	8-9	6-7	0-5										
<b>Correctness</b> Grammar, Pronunciation, Word Selection		5	4	3	2										
<b>TOTAL SCORE (100 Points Possible)</b>															

# **Toastmasters International**



## **Toastmasters International Envisioned Future**

To be the first-choice provider of dynamic, high-value, experiential communication, and leadership skills development.

## **Toastmasters International Values**

Integrity  
Respect  
Service  
Excellence

## **Toastmasters International Mission**

We empower individuals to become more effective communicators and leaders.

## **District Mission**

We build new clubs and support all clubs in achieving excellence.

## **Club Mission**

We provide a supportive and positive learning experience in which members are empowered to develop communication and leadership skills, resulting in greater self-confidence and personal growth.

# Opening Ceremony & Parade of Banners

Saturday, May 13, 2023 / 8:30 AM - 9:10 AM

## Ted Rogers School of Management, Room 2-166

Call to Order	Carrie Webster, DTM
Welcoming Remarks	Andrew Mertens, DTM
Parade of Banners	Club & Division Representatives
Announcer	Brian Master, PM3
First Timers Recognition	Andrew Mertens, DTM
Invocation	Gin Aldeguer, IP5
National Anthems The Star-Spangled Banner O Canada	David Veights, DTM
Land Acknowledgement	Lori Boros President, Native Canadian Toastmasters



### The Star-Spangled Banner

O say, can you see  
 By the dawn's early light  
 What so proudly we hail'd  
 At the twilight's last gleaming?  
 Whose broad stripes and bright stars  
 Through the perilous fight  
 O'er the ramparts we watch'd  
 Were so gallantly streaming?  
 And the rocket's red glare  
 The bombs bursting in air  
 Gave proof through the night  
 That our flag was still there  
 O say, does that star-spangled banner yet  
 wave  
 O'er the land of the free  
 And the home of the brave?



### O Canada

O Canada! Our home and native land!  
 True patriot love in all of us command,  
  
 Car ton bras sait porter l'épée,  
 Il sait porter la croix !  
  
 Ton histoire est une épopée  
 Des plus brillants exploits,  
  
 God keep our land glorious and free!  
 O Canada, we stand on guard for thee.  
 O Canada, we stand on guard for thee.

# Charting My Future - 1

Saturday, May 13, 2023 / 9:10 AM - 9:20 AM

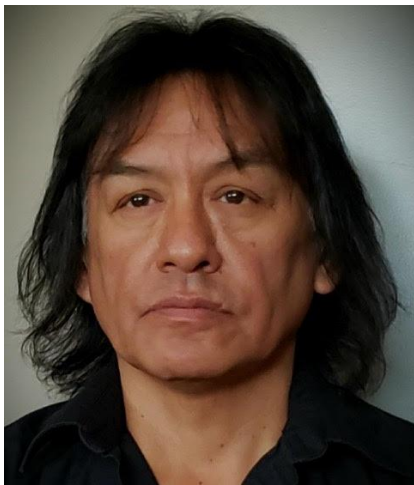
**Ted Rogers School of Management, Room 2-166**

Introduction of Speaker

Andrew Mertens, DTM

Presentation

Joseph Sagaj,  
Member, Native Canadian Toastmasters



**Joseph Sagaj** is from a remote and isolated fly-in community in northern Ontario called Neskantaga, which is located 480 km north of Thunder Bay. Joseph is an Anishnaabe Artist who currently lives and works in Toronto.

Joseph graduated from the Ontario College of Art in 1985 and has since accomplished numerous private and public commissions. His artwork includes the Seneca College 30-foot floor terrazzo installation called the “Circle of Indigenous Knowledge” completed in 2018.

In 2023, Joseph’s artwork entitled “Rekindle” was selected to be the wraparound of the letters on the iconic Toronto sign. The new wrap recognizes UNESCO’s International

Decade of Indigenous Languages, which focuses on the rights of Indigenous language speakers worldwide. The “Rekindle” artwork emphasizes the culture, language, and art of his Anishnaabe ancestry and is prominently displayed at Nathan Phillips Square at City Hall.



Notes...

**TOASTMASTERS  
INTERNATIONAL  
2023 CONVENTION**  
NASSAU, BAHAMAS/HYBRID

# Go Bahamas with us!

**Register now:**  
[toastmasters.org/Convention](https://toastmasters.org/Convention)

**#TIGoesBahamas**

f t i in You Tube d

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**TOASTMASTERS  
INTERNATIONAL**

# Celebration of Achievements

Saturday, May 13, 2023 / 9:20 AM - 9:50 AM

Sponsor: Mr. Christopher Ho

## Ted Rogers School of Management, Room 2-166

Review of Education Achievements	Andrew Horberry, DL5
DTM Award Ceremony	Andrew Horberry, DL5, Andrew Mertens, DTM, and newest DTMs
Recognition of Distinguished Clubs	Andrew Horberry, DL5, and Andrew Mertens, DTM
Presentation of Area Director of the Year	Andrew Mertens, DTM
Presentation of Division Director of the Year	Andrew Mertens, DTM
Presentation of Club President of the Year	Andrew Mertens, DTM
Presentation of Toastmaster of the Year	Andrew Mertens, DTM

## DTM Award Recipients 2023

### Carrie Webster, DTM 2022

"Life begins at the end of your comfort zone."



### Renee Chan, DTM

"Believe you can and you're halfway there."

### Edmar Mandawe, DTM

"Care. Care for something."



### Sylvia Lorico, DTM

# DISTINGUISHED TOASTMASTER

A Guide to the Pathways DTM



**JOIN AS A MEMBER**

<b>Begin at ANY Time and Complete in ANY Order</b>	Education	A. Complete any ONE learning path	Self-paced
		B. Complete a second, different learning path to Part A	Self-paced
		C. Complete the Distinguished Toastmaster Project	Self-paced
	Club Leadership	Serve as a club officer for any ONE of: A. ONE 12-month term, or B. Any TWO 6-month terms	12 months total
	District Leadership	Serve as a District officer for ONE 12-month term	12 months
	Club Extension	Serve as any ONE of: A. Club Sponsor B. Speechcraft Coordinator, or C. Youth Leadership Coordinator	Per Role Description
	Club Support	Serve as any ONE of: A. Club Mentor, or B. Club Coach	Per Role Description

**VPE SUBMITS PATHWAYS DTM AWARD TO WHQ**  
(Award Registered on Member Profile)

Produced by Mark Snow DTM, District 69

The graphic above shows the requirements to become a DTM. You'll see that significant emphasis is placed on *taking leadership roles* within the District. If you would like to know more about becoming a Club Mentor, Club Coach, or Club Sponsor, please speak to our Club Growth Director, David Veights, DTM. Louise Bark, DTM, can tell you everything you need to know about Speechcraft, and Jeet Tulshi, IP2, is our Youth Leadership Program expert.

# “Of the Year” Awards

Every year, District 60 recognizes members who have excelled in particular leadership positions. Nominations are gathered by the OTYA Chair (for 2021-22, Elton Brown, DTM) and reviewed by a panel, which then recommends our worthy winners.



**DISTRICT 60**  
Serving Toronto, Canada

Congratulations to the recipients of the  
"Of the Year Awards"  
for 2021-2022



**Cate Posner**  
Toastmaster of the Year



**Carol Wilson**  
President of the Year



**Carrie Webster**  
Division Director of the Year



**Paul Falkowski**  
Area Director of the Year

Your nominations for next year's Of The Year Awards winners are very welcome. See full details at <https://www.toastmasters60.com/of-the-year-awards-2/>



# Charting My Future - 2

Saturday, May 13, 2023 / 10:10 AM - 10:20 AM

**Ted Rogers School of Management, Room 2-166**

Introduction of Speaker

Andrew Mertens, DTM

Presentation

Catherine Li, LD1  
Member, TGIF Advanced Toastmasters



**Catherine Li, LD1**, came from mainland China. She works as a fund accountant in a financial services company. She joined Toastmasters, becoming a member in 2014 starting from a corporate club. Even when she moved to Toronto and did not have a job, she never gave up the Toastmasters club membership because she knew how important strong communication and leadership skills are. Through her Toastmasters journey, she became more confident and more relaxed at communicating in English. She founded a group called “English Corner” to help more Chinese people learn and love speaking English.

In English Corner, a small group comes together each week to discuss a meaningful topic with the help of a trained volunteer. These spaces provide a warm informal environment that encourages fellowship and the building of friendships.

# Keynote Speaker: Ramona J. Smith

Saturday, May 13, 2023 / 10:20 AM - 11:10 AM

Sponsor: Athena Education

## Ted Rogers School of Management, Room 2-166

Introduction of Keynote Speaker

Andrew Mertens, DTM

Presentation

Ramona J. Smith, PM5

Question & Answer Session

Andrew Mertens, DTM

*Notes...*

# Ramona J. Smith: “Owning Your Greatness”

## Powerful Strategies to Step Up, Stand Out and Get Noticed



**Ramona J. Smith, PM5**, is an international award-winning public speaker who holds the prestigious title of the 2018 World Champion of Public Speaking. She is a powerhouse, a gracious woman, one who courageously surpassed over 30,000 people to receive such an illustrious honor. Her stage presence and poised intellectual delivery of various topics has made Ramona one of the most sought-after public speakers in the world. Born and raised in Cleveland, Ohio, audiences admire her unrivaled ability to captivate and connect with individuals from across the globe of all races and ethnicities.

Her first book, *Shine Sistah Shine*, is an inspirational/motivational book geared towards women and girls in search of their true life purpose. Through relatable, raw and real-life experiences, this book is a rousing starting tool for women ready to improve their lives emotionally, mentally, and spiritually. Her eBook, *A World Champion’s Guide to Public Speaking: 10 Optimal Tips to Master the Art of Public Speaking*, has sold thousands of copies worldwide.

She has given keynote addresses in Dubai, Abu Dhabi, Oman, Qatar, Kuwait, Bahrain, Saudi Arabia, Sri Lanka, Brazil, Malaysia, and India.

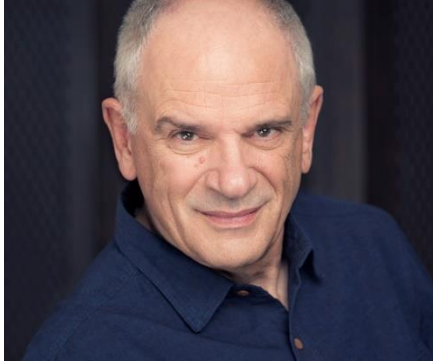
Ramona has a bachelor’s degree in public relations with a minor in marketing from the renowned Baldwin Wallace University, graduating *magna cum laude*. She is currently pursuing an Executive MBA from Prairie View A&M University in Houston, Texas.

Ramona spends a great deal of her time traveling the world delivering encouraging messages of hope, triumph, perseverance, leadership, and love. She has been featured on Forbes.com, Business Insider, INC.com, and other creditable news outlets. In addition to being an author, poet, global public speaking trainer, and coach, her greatest joy is being Ryan’s mom.

# Workshop Series 1

Saturday, May 13, 2023 / 11:10 AM - 12:20 PM

Sponsor: Cabana Excavation, Ltd.



**Speaker: Brian Master**

**Room: 1-075**

## **Brian Master – It’s Not What You Say, It’s the Way That You Say It**

It’s not what you say, it’s the way that you say it. Now and into the future, with so many distractions, it’s even more important to get your ideas, your theme and content to connect with your intended audience.

You can learn through my tips, and with patient preparation, how to enhance your vocal variety: good breathing and posture, intentional pausing, enunciation, and much more.

Streamline Your Speech Delivery! – This set of guidelines is presented by a speaker with over 50,000 hours of on-air experience and in-person hosting. You’ll be able to put your newfound skills to work...practically overnight.



**Speaker: Darrell Cheung**

**Room: 1-073**

## **Darrell Cheung - Yes You Can! (And You Should!) - Remove barriers, discover creativity, and chart an exciting future**

In order to chart your future, you must be creative – allowing you to explore, to take advantage of opportunities, to take risks. My aim is to help you recognize your own potential and learn how to remove your own blocks that limit your creativity and ultimately limit your future.

- Create a tool kit on how to become unstuck when your creativity is at its lowest point.
- Find deeper levels of creativity within yourself.
- Identify patterns that are serving/not serving the creative process.

Before looking towards the future, a good starting point is to examine where we are at present to create a solid foundation on which to spring into the future. This will start with an examination of self and evaluate what blockages we have and learn how to remove this resistance and chart a future that is free and clear.

# Workshop Series 1 (cont.)

Saturday, May 13, 2023 / 11:10 AM - 12:20 PM

Sponsor: Cabana Excavation, Ltd.



**Speaker: Janice Law**

**Room: 1-077**

## **Janice Law - Dishing on Diction: Cooking up analogies for interest and impact**

Increasingly, we are presenting in a hybrid setting where you don't get to use a lot of gestures and there are plenty of distractions. As presenters, we don't always get to dictate the delivery mode. Make sure your message doesn't get lost between email notifications, DMs, and pop-ups by carefully selecting the right words. Cut through the clutter and wake your audience up by cooking up an analogy to make your message interesting, memorable, and impactful.

By the end of this informative and interactive session, attendees will

- learn the principles of word choice,
- understand how the proven formula works to spice up any bland narratives with everyday examples, and
- craft an analogy for maximum impact by following a tried-and-true recipe.



**Speaker: John Godoy**

**Room: 1-147**

## **John Godoy – Near, Far, Wherever You Are: Communicate with confidence and impact, in-person and on-screen**

Effective communication is essential in today's hybrid job market as more and more companies are shifting towards a mix of virtual and in-person interactions. By developing the ability to communicate effectively in both settings, individuals will better equip themselves to navigate the new and rapidly changing business landscape with confidence, impact and increase their chances to successfully "Chart" their future.

Join this interactive session and learn the 4 essential strategies that will enable you to approach all your live and online interactions with confidence and impact.

# Communication & Leadership Award

Saturday, May 13, 2023 / 1:20 PM - 1:45 PM

Sponsor: Mon Sheong Foundation

## Ted Rogers School of Management, Room 2-166

Call to Order	Andrew Mertens, DTM
Introduce Communication & Leadership Award Recipient	Emanuel Petrescu, PM3
Award Acceptance	Angie Peters
Presentation of Award	Andrew Mertens, DTM

### The Communication & Leadership Award

This award is given by District 60 to honour a non-Toastmaster who has made substantial contributions in the areas of communication and leadership for the greater good of the community.

#### Past Recipients

2022: Jennifer Bernard  
2021: Cindy Yelle  
2019: Blake C. Goldring  
2018: Dr. Ann Cavoukian  
2017 Fall: Darrell Gregersen  
2017 Spring: Mark Wafer  
2016 Fall: Betsy McGregor  
2016 Spring: Mark Rodgers  
2015 Fall: Jim Clemmer  
2015 Spring: Carla Kisko  
2014 Fall: Ophira Ginsburg  
2014 Spring: Carolyn MacKenzie  
2013 Fall 2: Dave Perry & Rocco Rossi  
2013 Spring: Yvette Nechvatal-Drew

For a full list of past recipients, visit

<https://www.toastmasters60.com/cl-award-winners/>



# Communication & Leadership Award

## Angie Peters



**Angie Peters**  
**President & CEO**  
**Yonge Street Mission**

After 16 years as a senior executive in Telecommunications, Angie moved into the social profit sector to support initiatives investing in people and working towards the end of poverty. YSM (Yonge Street Mission) is a local development agency working to respond to immediate needs of people living in poverty. Prior to joining YSM, Angie founded and led

ZOE Alliance Inc., a for-profit social enterprise that equipped and empowered village-based businesses in developing nations for sustainable growth.

Building on her own experience of growing up on social assistance, Angie was driven by a desire to align her career with her passion to advocate for vulnerable people. She joined the team at YSM in 2013 as President and CEO, and has since set the organization on a path toward realizing the end of chronic poverty in Toronto in one generation.

She currently leads a team of 140 staff and over 3500 volunteers in working alongside multiple strategic partners who share her goal and vision for the city of Toronto. Angie participates in several key collaborative initiatives to advance systems change in Toronto while working on her master's degree in leadership. In her free time, she enjoys travelling, the outdoors, and attending live theatre with her husband and two adult children.



*Notes...*



# Charting My Future - 3

Saturday, May 13, 2023 / 1:45 PM – 1:55 PM

**Ted Rogers School of Management, Room 2-166**

Introduction of Speaker

David Veights, DTM

Presentation

Michelle Spear, DTM

VP Education, Danforth-Pape Toastmasters



**Michelle Spear, DTM**, became a certified medical Decision Coach through the Ottawa Hospital Research Institute in 2010. After informally coaching for over 25 years, and working on the corporate side of education for over 35 years, she decided to make a career change upon retirement, and will be a certified coach by the summer of 2023, concentrating on medical crisis coaching for patients and their families.

Feeding her desire to help clients in a medical crisis and walk alongside them in their darkest hours has resulted in a passion come to life! What better goal-focused, heart-oriented, change-making career could there be?

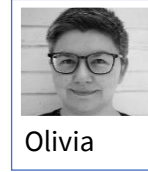
And then there is the storytelling! It entertains, informs, teaches, and heals broken hearts and souls. Michelle has been helping groups of women bring forth their stories of love, loss, pain, abuse, and persecution for many years. They believed they were alone, but discovered shared experiences and that has facilitated healing.

Somewhere in her spare time, Michelle serves on the Foundation Board of Directors for Nisbet Lodge - McClintock Manor, a long-term care and retirement home, is an active Toastmaster, has gone back to school for her degree, and has recently tried her hand at visual art. Check out her new website at [michellespear.ca](http://michellespear.ca).

# International Speech Contest

Saturday, May 13, 2023 / 2:00 PM - 3:30 PM

Sponsor: Urban NZR Construction



## Ted Rogers School of Management, Room 2-166

Call to Order	Andrew Mertens, DTM
Contest Chair	Steve Beckford, PM5
Chief Judge	Angela Ho, DTM

Alphabetic	Speaking Order	Contestant Name	My Results	Judges' Results
1		Arjun Chakrabarti		
2		Dave Bachan		
3		John Andrews		
4		Katia Café-Fébrissy		
5		Olivia Eckersley		
6		Simon Edwards		

Interview Contestants	Steve Beckford, PM5
Award Presentations	Steve Beckford, PM5, and Andrew Mertens, DTM
Closing Remarks	Steve Beckford, PM5

The winner of the District 60 International Speech Contest goes forward to compete in the Regional Quarterfinals and, if successful, the Semifinals and the World Championship of Public Speaking to be held at the Toastmasters International 2023 Convention in August.

### Previous D60 International Speech Contest Winners

- 2022 Mthabisi Mhlanga – 1 For U KSS Toastmasters
- 2021 Steve Beckford – Ebony Toastmasters
- 2020 Steve Beckford – Ebony Toastmasters
- 2019 Said Muhammed – Keynote Speakers Advanced
- 2018 Sethu Kotharamath – WaterPark Speakers
- 2017 John Andrews – Goodyear
- 2016 Ted Lyberogiannis – Trinity

...earlier winners may be seen at the District 60 website

# INTERNATIONAL SPEECH CONTEST JUDGE'S GUIDE AND BALLOT



JUDGING ITEMS		SUGGESTED POINT VALUES																	
		E X C E L L E N T	V E R Y  G O O D	G O O D	F A I R														
						1	2	3	4	5	6	7	8	9	10				
<b>Speech Development</b> Structure, Organization, Support Material	C O N T E N T	20	14-19	9-13	0-8														
<b>Effectiveness</b> Achievement of Purpose, Interest, Reception		15	11-14	6-10	0-5														
<b>Speech Value</b> Ideas, Logic, Original Thought		50	15	11-14	6-10	0-5													
<b>Physical</b> Appearance, Body Language, Speaking Area	D E L I V E R Y	10	7-9	4-6	0-3														
<b>Voice</b> Flexibility, Volume		10	7-9	4-6	0-3														
<b>Manner</b> Directness, Assurance, Enthusiasm		30	10	7-9	4-6	0-3													
<b>Appropriateness</b> To Speech Purpose And Audience	L A N G U A G E	10	7-9	4-6	0-3														
<b>Correctness</b> Grammar, Pronunciation, Word Selection		20	10	7-9	4-6	0-3													
<b>TOTAL SCORE (100 Points Possible)</b>																			

# Workshop Series 2

Saturday, May 13, 2023 / 3:50 PM - 5:00 PM

Sponsor: Dominion Lending



**Speaker: Marenca Kherani**

**Room: 1-077**

## **Marenca Kherani - Your Best Self: Clarify your thinking and build on your core strengths using surprising ideas from science and the wisdom traditions**

Would you agree that self-knowledge is foundational to charting a life-course ideally suited to realizing one's talents, blessings, and potential? This workshop focuses on two aspects of self-knowledge: mental abilities and natural character strengths. Specifically, the objective of the workshop is to provide ideas and insights regarding two questions. How can you improve your mental abilities? What are your natural character strengths?

You will discover common cognitive distortions that get in the way of clear thinking and use evidence-based research to identify and build on the strengths which underpin 'Your Best Self.' Perhaps surprisingly, you will find that science supports longstanding wisdom from eastern and western traditions with its findings about different ways of knowing, strategies to help deal with challenges and insights about human happiness!



**Speaker: Michel Adedokun**

**Room: 1-075**

## **Michel Adedokun - Seven Steps for Mentee Success: Leverage one of your most important relationships by learning how to be your mentor's preferred mentee!**

Consider mentoring as a tool to chart your future. Mentoring is a means to quickly learn and develop new skills that will boost your career and thus your future. Many organizations including Toastmasters offer mentoring opportunities to help their members improve or quickly develop new skills. While some members take advantage of those opportunities, others face challenges that hinder the relationship and the learning opportunity. The most common challenges are lack of structure or focus, unmet expectations, lack of commitment from either party, overdependence, or incompatibility.

This workshop will help you develop seven steps to proactively manage mentoring relations to meet your expectations and achieve your goals. You will learn about 1) mentoring and the benefit of having a mentor, 2) the attitudes of good mentees, and 3) seven steps to "manage up" a mentor, and make the most out of the mentoring relationship.

# Workshop Series 2 (cont.)

Saturday, May 13, 2023 / 3:50 PM – 5:00 PM

Sponsor: Dominion Lending



**Speaker: Roman Smolak**

**Room: 1-147**

## **Roman Smolak - Finding Your Toastmasters WHY: Rediscover your passion to inspire others and change your life**

Members join Toastmasters for one reason, and later continue for another.

Their journey is one of evolving “purpose.”

WHAT we do becomes more powerful when we know WHY we do it.

Discover your Toastmasters WHY to chart your future journey.

Takeaways:

- Learn what makes a simple, inspiring WHY Statement.
- Unleash the power of WHY to enhance WHAT you do.
- Create a personal My WHY statement.
- Develop alternative perspectives.

Gain a new WHY passion for everything you do!



**Speaker: Shubha Amba**

**Room: 1-073**

## **Shubha Amba - SEE Your Way to Success: Learn a powerful visual strategy that will keep you moving towards your goal**

We all have goals we want to reach whether it's writing a book, starting a business or being the best leader possible. Yet, 9 of 10 will not succeed according to a study published in the *Journal of Clinical Psychology*. The effort involved can be disheartening causing us to give up, leaving us feeling unworthy. I know. I was one of them.

But then, I heard a renowned neuroscientist say that if you could SEE your way to your goal, literally, you would automatically move towards it. Sure enough, it worked! I have never looked back since. Now it is your turn. In my workshop, you will learn 1) Why to SEE, 2) What to SEE, and 3) How to SEE your way to your goals, and reach for them automatically. You will learn to create a visual plan that is fun to follow, substantially improving your chances of success.

# Charting My Future - 4

Saturday, May 13, 2023 / 5:00 – 5:10 PM

**Ted Rogers School of Management, Room 2-166**

Introduction of Speaker

Andrew Horberry, DL5

Presentation

Stephan Dyer, DTM

Member, Bay Street Breakfast Toastmasters Club



Originally from Costa Rica, **Stephan Dyer, DTM**, is a former banker turned award-winning comedian, keynote speaker and corporate leadership and communication trainer with +1000 presentations across 4 continents. Leaving his executive position in the banking world in 2017 to pursue his professional career in stand-up comedy, he successfully co-founded MalPensando, a bilingual comedy school in Canada, and the reTHINK Group, its corporate training company, which has grown to include clients in 16 countries including Canada, Switzerland, England, Singapore, Malaysia, Mexico, and the United States.

The company mission is simple: entertaining, teaching, and inspiring personal and professional growth through the lens of comedy, and they've fulfilled that mission by reaching a total of over ten thousand professionals worldwide and counting. Some of their most notable clients include Coca Cola, Comedy Central, Ernst & Young, Uber, Scotiabank, TELUS, and more. As a comedian, Stephan has performed in eight countries and appeared on Comedy Central, Second City, and some of the world's largest comedy festivals. In February 2021, Stephan was featured on the cover of *Toastmaster Magazine*, the largest public speaking magazine in the world, distributed to over 364,000 members across 143 countries. For more info, follow @stephandyer everywhere!

# We Thank Our Gold Sponsors



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NASSAU, BAHAMAS/HYBRID

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**#TIGoesBahamas**

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# George Keenan Award

Saturday, May 13, 2023 / 5:10 PM - 5:30 PM

Sponsor: Northern Narrative

## Ted Rogers School of Management, Room 2-166

Call to Order	Andrew Horberry, DL5
Remarks on the George Keenan Award	Johanne Von Zuben, DTM
Presentation of Award	Johanne Von Zuben, DTM
Award Acceptance Speech	To Be Announced at Conference

### The George Keenan Award



George Keenan was a dedicated Toastmaster who served Toastmasters International and District 60 for many years, particularly as Parliamentarian and Credentials Chair, and as a District Governor in 1984-85. He was one of the most recognized Toastmasters in District 60 due in large part to his stature and his distinctive black hat. In 1995, to commemorate his 80th birthday and his 35th year in Toastmasters, his wife, Judy, in coordination with the District, established an award in his name. It is given every year to an active Toastmaster who continues to serve and promote Toastmasters within the District and externally.

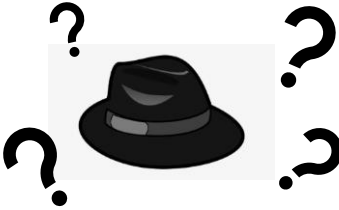
### Past Recipients

- 2022: Johanne Von Zuben
- 2021: Elton Brown
- 2020: Karim Premji
- 2019: Marilyn Latchford
- 2018: Phyrne Parker
- 2017: Randie Jacobs
- 2016: Karen Goodyear
- 2015: Dawn Frail
- 2014: Tim Sulisz
- 2013: Tony Nelson
- 2012: John Rich
- 2011: Rob Peck
- 2010: Ross Mackay
- 2009: David Chilvers
- 2008: Bill Bienia
- 2007: Judy Suke
- 2006: Eric Matto
- 2005: Michiel Bagchus
- 2004: Kai Rambow
- 2003: Heather Loveridge
- 2002: Raghbir Dhillon
- 2001: Pauline Duncan-Thrasher
- 2000: Ralph Williamson

For a full list of past recipients, visit <https://www.toastmasters60.com/george-keenaward/>



**The George Keenan Award  
Recipient is...**



A large, empty rounded rectangle with a green border, intended for writing the name of the award recipient.

# Passing the Torch

Saturday, May 13, 2023 / 5:30 PM – 5:50 PM

## Ted Rogers School of Management, Room 2-166

Call to Order	Andrew Mertens, DTM
Installation of District Leaders	Dawn Frail, DTM
District Director-Elect's Vision	District Director-Elect

# Conference Reflections

Saturday, May 13, 2023 / 5:50 PM – 6:20 PM

## Ted Rogers School of Management, Room 2-166

Call to Order	District Director-Elect
Conference Reflections	Andrew Mertens, DTM, and Ramona J. Smith, PM5
Recognition of Conference Chair	Andrew Horberry, DL5
Recognition of Conference Team	Carrie Webster, DTM
Closing Remarks	Andrew Mertens, DTM

# Buffet Dinner

Saturday, May 13, 2023 / 6:20 PM – 8:00 PM

## Ted Rogers School of Management, Commons

Toasts to US and Canada	Karen Goodyear, DTM Janice Howard, DTM
Closing remarks and farewell	Andrew Mertens, DTM

# PATHWAYS

-  DL Dynamic Leadership
-  EC Effective Coaching
-  EH Engaging Humor
-  IP Innovative Planning
-  LD Leadership Development
-  MS Motivational Strategies
-  PI Persuasive Influence
-  PM Presentation Mastery
-  SR Strategic Relationships
-  TC Team Collaboration
-  VC Visionary Communication

# Hall of Fame

Education and Leadership Award Recipients

July 1, 2022 - April 25, 2023

## Distinguished Toastmaster (DTM)

Renee Chan  
Sylvia Lorico  
Edmar Mandawe

## Pathways Mentorship Program (PWMENTORPGM)

Melinda Astridge  
Andreea Bojinca  
David Cheung  
HongYan Du  
Adham Ragab  
Alexandr Korneev  
Alexi El Morr  
Dianna M. Lloyd  
Stevie Martin  
Ved Singal  
Michelle Spear

## Learning Paths

DL	Dynamic Leadership
EC	Effective Coaching
EH	Engaging Humor
IP	Innovative Planning
LD	Leadership Development
MS	Motivational Strategies
PI	Persuasive Influence
PM	Presentation Mastery
SR	Strategic Relationships
TC	Team Collaboration
VC	Visionary Communication

## Pathways Level 1

DL1 - Christen Thomas	EH1 - Barnabas Akeredolu	IP1 - Lucas Bertrand-Sittler	MS1 - Anita Bruinsma
DL1 - Cole Pascua	EH1 - Carissa Wong	IP1 - Njanja Mathu	MS1 - Dianna M. Lloyd
DL1 - David Cheung	EH1 - Dinesh Sharma	IP1 - Olivia Eckersley	MS1 - HongYan Du
DL1 - Douglas Purdy	EH1 - Fernando Martinez	IP1 - Robert Peck	MS1 - Ingrid Xie
DL1 - Kelly Ward	EH1 - Ilona Maziarczyk	IP1 - Wendy Williamson	MS1 - Jane McKeown
DL1 - Leora Haslett	EH1 - Jitendra Lokre	IP1 - Yiyi Zeng	MS1 - Lynne M. Zander
DL1 - Maxine Dion	EH1 - Krasimir S. Toskov	LD1 - Andreea Bojinca	MS1 - Matthew "Mathiaus" Pope
DL1 - Ray Pons	EH1 - Marcela Chein	LD1 - Lindsey Gerrish	MS1 - Ryan Hunter
EC1 - Angelina So	EH1 - Maureen McMorro	LD1 - Michelle Allick	MS1 - Ved Singal
EC1 - Delphine Carton	EH1 - Sandy Robb	LD1 - Nicholas Nauth-Desantos	PI1 - Aakash D. Talreja
EC1 - James D. Traywick	EH1 - Todd Van Horne	LD1 - Sean Haider	PI1 - Arley Greene
EC1 - Laura A. Jefferson	EH1 - Tom Broumas	MS1 - Akeylah Graham MacNeill	PI1 - Bruce F. Laing
EC1 - Luis Pedreira	IP1 - Anisha Nair	MS1 - Alvina Foo	PI1 - Elon Welshman
EH1 - Alexi El Morr	IP1 - David Cheung	MS1 - Andrew Horberry	PI1 - Glenne Grossman
EH1 - Arjun Chakrabarti	IP1 - Kuntal Shah		PI1 - Karen Mitches
			PI1 - Mark Timms

PI1 - Nadine J. Williams	PM1 - Donnamarie Krzywonos	PM1 - Roxana Santa Maria	SR1 - Kristen Reveler
PI1 - Oscar Cecena	PM1 - Ian Harrison	PM1 - Sabrina A. Watson	SR1 - Kush Tripathi
PI1 - Renae Quinton	PM1 - Kam Lo	PM1 - Sandra Alvarez Gonzalez	SR1 - Michael Lee
PI1 - Romuald Gurnitski	PM1 - Lachlan Holmes	PM1 - Sean Hatchett	SR1 - Omer Khan
PI1 - Servanne Fowlds	PM1 - Liban Gaashaan	PM1 - Supriya Sharma	SR1 - Oyu O'Leary
PI1 - Tracy Duan	PM1 - Lisa Vandepol	PM1 - Suzan Shaker	TC1 - Conor O'Halloran
PM1 - Abbas Qureshi	PM1 - Lucel Fernando	PM1 - Teresa Almeida	TC1 - Daniel C. Walker
PM1 - Adiya Atuluku	PM1 - Luis E. Urbina Rivas	PM1 - Vitor Saiki	TC1 - Elena Turcan
PM1 - Alexandra Jacobs	PM1 - Luisa Morrone	Scarpinetti	TC1 - Samantha Hughes
PM1 - Alicia Waters	PM1 - Marc Pawelski	PM1 - Xenia Avvakumova	VC1 - Andrea Poppe
PM1 - Andrew Tron	PM1 - Melis Yuce	PM1 - Yohan Yohannes	VC1 - Audrey Wong
PM1 - Anna Di Nuccio	PM1 - Michelle Yang	PM1 - Yuri Mirabal	VC1 - Julia Lawr
PM1 - Bhavana Pol	PM1 - Nancelvi Rivas	PM1 - Zhiji Ding	VC1 - Leann Benedetti
PM1 - Brenda Nsambu	PM1 - Natalie Thomas	SR1 - Abhinav Arockiasamy	VC1 - Marie-Paule Charbonneau
PM1 - Brodie Louie	PM1 - Nesreen Al Hajjar	SR1 - Andreea Bojinca	VC1 - Melanie Bortis
PM1 - Cale Sampson	PM1 - Nitin Gupta	SR1 - David R. Veights	<i>Plus 29 anonymous members (who have asked Toastmasters International not to share their names)</i>
PM1 - Chinmayee Paunikar	PM1 - Padmin Thilakasinghe	SR1 - Ellington Brown	
PM1 - Ciara Williams	PM1 - Parnam Siddharth	SR1 - Eric In	
PM1 - Daniel A. Fadelle	PM1 - Quang "Jack" Tran	SR1 - HongYan Du	
PM1 - Dawn Frail	PM1 - Reem Hejjawi	SR1 - Katia Café-Fébrissy	

## Pathways Level 2

DL2 - Adham Ragab	EH2 - Arjun Chakrabarti	LD2 - Marlo Mallari	PI2 - Stephen Reingold
DL2 - Beth Banting	EH2 - Bibi R. Annief	LD2 - Michelle Allick	PI2 - Susan Carroll-Clark
DL2 - Carol Wilson	EH2 - Dinesh Sharma	LD2 - Nick Pocrnic	PM2 - Adrian Pacula
DL2 - Cole Pascua	EH2 - Fernando Martinez	LD2 - Sean Haider	PM2 - Anna Cooper
DL2 - Colin Brathwaite	EH2 - Leighton Gelling	MS2 - Anita Bruinsma	PM2 - Brenda Nsambu
DL2 - David Cheung	EH2 - Rita Burke	MS2 - Benjamin Ball	PM2 - Cale Sampson
DL2 - Heather Haigh	EH2 - Tom Broumas	MS2 - Caroline Nguyen	PM2 - Carol Petersen
EC2 - Bibi R. Annief	IP2 - David Cheung	MS2 - Dianna M. Lloyd	PM2 - Ciara Williams
EC2 - Carol Petersen	IP2 - Fred Law	MS2 - HongYan Du	PM2 - Dala Taher
EC2 - Christina Becker	IP2 - Kuntal Shah	MS2 - Janet Ho	PM2 - Daniel Sanchez Vega
EC2 - Delphine Carton	IP2 - Olivia Eckersley	PI2 - Aakash D. Talreja	PM2 - Dawn Frail
EC2 - Joe Ciccone	IP2 - Tukaram Khade	PI2 - Mark Timms	PM2 - Donnamarie Krzywonos
EC2 - Luis Pedreira	LD2 - Adam Mak	PI2 - Maxine Dion	PM2 - Farid Kuraishi
EC2 - Tina Ciccone	LD2 - Andreea Bojinca	PI2 - Mia Gonzales	
EC2 - Ved Singal	LD2 - Danielle Bannis	PI2 - Oscar Cecena	
EH2 - Alexi El Morr		PI2 - Renae Quinton	
EH2 - Andy Moes		PI2 - Servanne Fowlds	

PM2 - Francois Van  
Heerden  
PM2 - HongYan Du  
PM2 - Kam Lo  
PM2 - Lachlan Holmes  
PM2 - Luis E. Urbina  
Rivas  
PM2 - Marc Pawelski  
PM2 - Maxim Basu  
PM2 - Melinda  
Astridge  
PM2 - Nancelvi Rivas

PM2 - Nesreen Al  
Hajjar  
PM2 - Padmin  
Thilakasinghe  
PM2 - Quang “Jack”  
Tran  
PM2 - Reem Hejjawi  
PM2 - Sean Hatchett  
PM2 - Victoria Barclay  
PM2 - Vitor Saiki  
Scarpinetti  
PM2 - Zhiji Ding  
SR2 - Andreea Bojinca

SR2 - Celine Cheung  
SR2 - Ellington Brown  
SR2 - HongYan Du  
SR2 - Jacob Robinson  
SR2 - John Andrews  
SR2 - Katia Café-  
Fébrissy  
SR2 - Kristen Reveler  
SR2 - Michael Lee  
SR2 - Michelle Spear  
SR2 - Paul Kilbank  
SR2 - Victoria  
Nwabuisi

SR2 - Yukta Hans  
TC2 - Conor  
O’Halloran  
TC2 - Samantha  
Hughes  
VC2 - Andrea Poppe  
VC2 - Caitlin Posner  
VC2 - Leann Benedetti  
VC2 - Sumedha  
Kulkarni  
  
*Plus 27 anonymous  
members*

### Pathways Level 3

DL3 - Adham Ragab  
DL3 - Amandeep  
Sangha  
DL3 - Bruce F. Laing  
DL3 - Cole Pascua  
DL3 - David Cheung  
DL3 - Heather Haigh  
DL3 - Manikandan  
Kaveripattinam  
Sathiyavelu  
EC3 - Carol Petersen  
EC3 - Chris Senior  
EC3 - Joe Ciccone  
EC3 - Luis Pedreira  
EC3 - Roman Smolak  
EC3 - Tina Ciccone  
EC3 - Ved Singal  
EH3 - Alexi El Morr  
EH3 - Andy Moes  
EH3 - Arjun  
Chakrabarti  
EH3 - Bibi R. Annief  
EH3 - Bruce F. Laing  
EH3 - Caitlin Posner  
EH3 - Jeanette C.  
Fredericks

EH3 - Matthew  
Kleinosky  
IP3 - Barnabas  
Akeredolu  
IP3 - David Cheung  
IP3 - Elita Burch  
IP3 - George Kell  
IP3 - John Abbott  
LD3 - Adam Mak  
LD3 - Andreea Bojinca  
LD3 - Michael McAra  
LD3 - Nick Pocrnic  
MS3 - Caroline Nguyen  
MS3 - Christina Pedius  
MS3 - Devon Campbell  
MS3 - Dianna M. Lloyd  
MS3 - HongYan Du  
PI3 - Anita Tran  
PI3 - Emmet F.  
Kilkenny  
PI3 - Maxine Dion  
PI3 - Senthuran  
Eswaralingam  
PI3 - Stephen  
Reingold  
PI3 - Vivian Zhao

PM3 - Abel Rosas  
Jimenez  
PM3 - Andy Moes  
PM3 - Answerd  
Ramcharan  
PM3 - Brenda Nsambu  
PM3 - Carol Petersen  
PM3 - Daniel Sanchez  
Vega  
PM3 - Dexter Ryan  
Floreza  
PM3 - Donnamarie  
Krzywonos  
PM3 - Emanuel  
Petrescu  
PM3 - Francois Van  
Heerden  
PM3 - HongYan Du  
PM3 - Joshayo  
Akiyode  
PM3 - Kam Lo  
PM3 - Karrie M. Krear-  
Klostermeier  
PM3 - Maxim Basu  
PM3 - Nicole N.  
Gordon  
PM3 - Nisha Goyal

PM3 - Nobel Phipps  
PM3 - Ruth D. Javier  
PM3 - Sandy Robb  
PM3 - Shefali Singh  
PM3 - Shelly-Ann  
Trought  
PM3 - Shubha Amba  
PM3 - Victoria Barclay  
PM3 - Yolanda  
Haywood  
SR3 - Ellington Brown  
SR3 - HongYan Du  
SR3 - Michael Lee  
SR3 - Paul Kilbank  
SR3 - Victoria  
Nwabuisi  
TC3 - Arthur Ching  
TC3 - Bibi R. Annief  
TC3 - Bruce F. Laing  
TC3 - Michael McAra  
TC3 - Samantha  
Hughes  
VC3 - David Paddon  
VC3 - Jeanette Brox  
  
*Plus 16 anonymous  
members*

## Pathways Level 4

DL4 - Adham Ragab  
DL4 - Alexandr  
Korneev  
DL4 - Bruce F. Laing  
DL4 - Cole Pascua  
DL4 - Fabiola Burelo  
DL4 - Manikandan  
Kaveripattinam  
Sathiyavelu  
DL4 - Susan Carroll-  
Clark  
EC4 - Hongyu (Agnes)  
Liu  
EC4 - Luis Pedreira  
EH4 - Alexi El Morr  
EH4 - Arjun  
Chakrabarti  
EH4 - Matthew  
Kleinosky

IP4 - Ashok  
Mamkottil  
IP4 - David Cheung  
IP4 - Gin Aldeguer  
IP4 - Mamadou  
N'Diaye  
LD4 - Andreea  
Bojinca  
LD4 - Michael McAra  
LD4 - Ricardo  
Vigliano  
MS4 - Caroline  
Nguyen  
MS4 - HongYan Du  
MS4 - Karen Aiken  
MS4 - Karrie M.  
Krear-Klostermeier  
PI4 - Farah Rahaman  
PI4 - James D.  
Traywick

PI4 - Maxine Dion  
PI4 - Munib Zia  
PI4 - Natalie Thomas  
PI4 - Vanessa Rich  
PM4 - Answerd  
Ramcharan  
PM4 - Bibi R. Annief  
PM4 - Carol Petersen  
PM4 - Daniel Sanchez  
Vega  
PM4 - Dexter Ryan  
Floreza  
PM4 - Duke Duyck  
PM4 - Emily Burgess  
PM4 - Kam Lo  
PM4 - Maxim Basu  
PM4 - Mohan  
Gunarajah  
PM4 - Nisha Goyal  
PM4 - Pat C. Lagerlof

PM4 - Shefali Singh  
PM4 - Sherry Yuan  
Hunter  
PM4 - Shubha Amba  
SR4 - Ellington  
Brown  
SR4 - HongYan Du  
SR4 - Sarah Jeeves  
TC4 - Dianna M.  
Lloyd  
TC4 - Michael McAra  
TC4 - Samantha  
Hughes  
VC4 - David Paddon  
VC4 - Raymond Wong  
VC4 - Stevie Martin  
  
*Plus 10 anonymous  
members*

*Notes...*

## Pathways Level 5

DL5 - Adham Ragab	IP5 - Roxana Santa	PI5 - Natalie Thomas	VC5 - Caitlin Nobes
DL5 - Alexandr Korneev	Maria	PI5 - Nicole Galang	VC5 - Louise Bark
DL5 - Barbara Williams	LD5 - Andreea Bojinca	PM5 - Carol Petersen	VC5 - Mara Svenne
DL5 - Caitlin Posner	LD5 - Michael McAra	PM5 - Chizuru Mitani	VC5 - Raymond Wong
DL5 - Durga Haridoss	LD5 - Nicole Galang	PM5 - Judy Lei	<i>Plus seven</i>
DL5 - Francis Larochelle	LD5 - Richard Tyrrell	Nakamura	<i>anonymous members</i>
DL5 - Melinda Astridge	MS5 - Caroline Nguyen	PM5 - Nick Pocrnic	
EC5 - Luis Pedreira	MS5 - Gabriel Jeeves	PM5 - Paul Kilbank	
EH5 - Alexi El Morr	MS5 - HongYan Du	PM5 - Shefali Singh	
EH5 - Matthew Kleinosky	MS5 - Karen Aiken	PM5 - Shubha Amba	
IP5 - Celine Cheung	MS5 - Renee Chan	PM5 - Smita Shah	
IP5 - Gin Aldeguer	MS5 - Tracy Duan	PM5 - Theresa Mammarella	
IP5 - Luis Pedreira	PI5 - Andrea B. Hayes	SR5 - HongYan Du	
	PI5 - Antoinette Holder	TC5 - Dianna M. Lloyd	
	PI5 - Cathy Ledden	TC5 - Monti Ghai	

### Awardees

Adham Ragab	Donnamarie Krzywonos
Alexi El Morr	Ellington Brown
Andreea Bojinca (2)	HongYan Du (4)
Andy Moes	Kam Lo
Arjun Chakrabarti	Luis Pedreira (2)
Bibi R. Annief	Matthew Kleinosky
Brenda Nsambu	Maxim Basu
Bruce F. Laing	Maxine Dion
Caitlin Posner	Michael Lee
Carol Petersen (2)	Michael McAra
Caroline Nguyen	Natalie Thomas
Cole Pascua	Nick Pocrnic
Daniel Sanchez Vega	Paul Kilbank
David Cheung (2)	Samantha Hughes
David Paddon	Shefali Singh
Dianna M. Lloyd	Shubha Amba
	Ved Singal



### Triple Crown

District 60 will recognize any member who achieves three or more educational awards between July 1, 2022, and June 30, 2023, as identified by Toastmasters International by presenting the member with a Triple Crown pin. Five members have achieved multiple Triple Crowns.

The complete list of all District 60 members reaching this level of achievement will be available to the District in July 2023. In August 2023, Triple Crown pins will be delivered through the Area Directors to all these extraordinary members.



# District 60 Advanced Clubs



## STRETCH your communication and leadership skills by joining an Advanced Club!

You can expect:

- More in-depth and challenging evaluations,
- Different meeting formats, often longer to accommodate more complex presentations and innovative feedback systems, and
- Membership criteria—some clubs require auditions, others a particular level of proficiency or achievement within Toastmasters.

Most advanced club members retain their original club membership so they can practice what they learn in their advanced club.

There are five advanced clubs in District 60. Take the opportunity during Saturday to visit their displays, talk to their members, and find out more.

OUR MEETINGS  
MAKE IMPRESSIONS

ROUND TABLE EVALUATIONS  
EDUCATIONAL WORKSHOPS  
GREAT PEOPLE HELPING GREAT PEOPLE  
GET TO THEIR NEXT LEVEL.

**Speaking From Experience  
Advanced Toastmasters**

[sfeat.toastmastersclubs.org](https://sfeat.toastmastersclubs.org)

**D60 ADVANCED LEADERSHIP  
TOASTMASTERS**

Take your LEADERSHIP skills to the next level!

- Explore the many ASPECTS of leadership
- Experience exciting training WORKSHOPS
- Enjoy a unique REFLECTION moment plus ROUND ROBIN EVALUATIONS
- Interact with experienced DISTRICT & COMMUNITY LEADERS

Join us every 2nd and 4th Monday from 6:30 to 8:30pm ET  
to see how our club can help you

Register to attend at [https://bit.ly/d60alt\\_mtg](https://bit.ly/d60alt_mtg)  
<https://d60leadership.toastmastersclubs.org/>

# District 60 Advanced Clubs

## Summary of Meeting Days and Times

Club Name	Day	Time	Frequency
ART - Advanced Royal Toastmasters	Wed	12 PM – 1 PM	Weekly
D60 Advanced Leadership Toastmasters	Mon	6:30 PM – 8:30 PM	2 <sup>nd</sup> & 4 <sup>th</sup>
Keynote Speakers Advanced Toastmasters	Sat	10 AM – 12 PM	2 <sup>nd</sup> & 4 <sup>th</sup>
Speaking From Experience Advanced Toastmasters	Wed	7 PM – 9 PM	1 <sup>st</sup> , 3 <sup>rd</sup> & 5 <sup>th</sup>
TGIF Advanced Toastmasters	Fri	12 PM – 1 PM	2 <sup>nd</sup> & 4 <sup>th</sup>

Times and days are subject to change, so visit the club website and get in touch to avoid disappointment.

## ART - Advanced Royal Toastmasters



Weekly on Wednesday at 12 noon EST for an hour.  
**Only Advanced Club in Division C of District 60**  
**"We may be small but we're mighty!"**  
**Four DTMs - Almost all members with District leader roles**  
**Home of Tag Team Table Topics - the ART of being impromptu**  
**where a speaker is immediately followed by an Evaluator**  
**ART has embraced Evaluations, Evaluations and more Evaluations to help you unlock your potential as a great public speaker.**

**We welcome Dual Members and new-to- Toastmasters as well... to help them become Advanced.**

**Zoom Meeting ID 8655 466 6554**

<https://www.facebook.com/groups/aspiringroyaltoastmasters/>

## TGIF ADVANCED TOASTMASTERS

The TGIF Advantage: We **EVALUATE** to **ELEVATE**



Online on Zoom every 2nd and 4th Friday from 12-1 pm ET  
 Going hybrid soon, in person, with an online option  
 Register to attend at <https://bit.ly/D60TGIF>  
 or contact us at [tgifadvanced@gmail.com](mailto:tgifadvanced@gmail.com)

- Evaluations are supportive and deep
- We evaluate our evaluators
- We evaluate District workshops
- Members include: District leaders, DTMs, District Evaluation Champions and George Keenan award winner

Our advanced club is open to ALL to visit, with membership limited to those with a CC or Pathways Levels 1 and 2  
 For more info, visit <https://tgifadvanced.toastmastersclubs.org/>

TOASTMASTERS  
INTERNATIONAL

## Keynote Speakers Advanced Toastmasters

Dare, Speak & Grow



The 2<sup>nd</sup> Saturday of the month online and the 4<sup>th</sup> Saturday Hybrid . 10:00 am – 12:00 pm

The only advanced club meeting in-person

[www.advancedclub.com](http://www.advancedclub.com)

Develop your communication, evaluation & leadership skills to a professional level

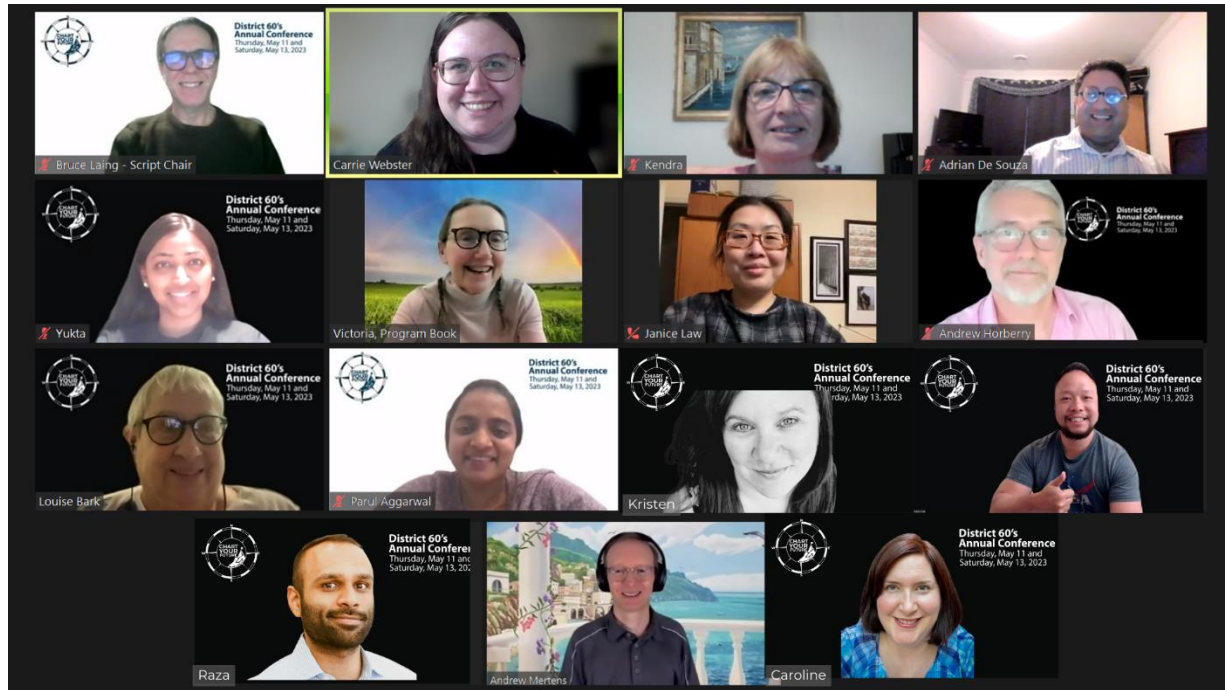
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# 2023 Conference Committee



Conference Chair	Carrie Webster, DTM
District Director	Andrew Mertens, DTM
Program Quality Director	Andrew Horberry, DL5
Club Growth Director	David Veights, DTM
Accessibility Chair	Louise Bark, DTM
At-Home Chair & Program Front Cover Designer	Caroline Cliche, LD2
Awards Coordination Chair	Adrian De Souza, TC3
First Timers Chair	Janice Law, DTM
Logistics Chair	Kendra Shimmin, PM3
Program Book Chair	Victoria Barclay, PM3
Promotional Video & Promotions Chair	Yukta Hans, SR2
Registration Chair	Kristen Reveler, SR2
Screen Content Chair	Raza Siddiqui
Script Chair	Bruce Laing, PI1
Sponsorship Chair	Tim Kwan
Technology Chair	Adam Mak, LD3
Volunteer Coordinator Chair	Parul Aggarwal, PM3